

Therapist Questionnaire

Name: Roy C. Conrad, PhD, LPC-MH, RPT, NCC

Age: 43

Gender: Male

Professional Address: 6901 S. Lyncrest Place, Suite 105

Business Phone: 605-335-1516

I am licensed as a Professional Counselor in the state of South Dakota.

Professional organizations to which I belong: Association for Play Therapy

Years in practice: 20

Experience (last three places of employment, beginning with most recent):

1. Years: Just starting-9/08
Place of Employment: Wellspring Therapy Center
Title: Licensed Professional Counselor
Responsibilities: Provide mental health counseling to children, adults, and families. Keep clinical records up to date and provide Billing for services provided. Speaking presentations to various groups on mental health issues and parenting.
2. Years: 15
Place of Employment: Southeastern Behavioral HealthCare
Title: Counseling Director
Responsibilities: Provide oversight of day-to-day program activities for community mental health center (fiscal, personnel, contracts, etc.)
3. Years: 5
Place of Employment: Charter Hospital of Sioux Falls
Title: Children's Unit Coordinator
Responsibilities: Supervise Child Unit for free-standing psychiatric hospital. Provision of mental health case management and therapy.

I specialize in the following areas:

child therapy

- parenting issues
- marriage counseling
- general family issues/family therapy
- single parenting issues
- divorce issues
- blended family issues
- other: Crisis Counseling

My therapeutic orientation can be described as: (e.g., traditional, behavior modification, biblical, etc...please elaborate)

I have behavior modification training with children and work from an Individual Psychology perspective as promoted by Alfred Adler. I gain an understanding of those I work with through the discovery of lifestyle choices people make. Much of my work is through educating parents and working with children in resolving problems through play therapy approaches where they can use verbal/non-verbal medium (toys, games, expressive activities) to learn about themselves and discover new ways to solve these problems.

I am a strong proponent of John's perspectives and rely on his work to provide a common-sense approach to parenting children (without psychobabble!). I am particularly fond of his latest work, "Parenting By the Book" and have recently taught a Sunday School Class based on this perspective.

My greatest therapeutic strength is:

I am a people person! I consider the individual I work with by not jumping to conclusions based on previous diagnoses or experience. I believe people are unique beings and all have something to offer to others. I like to be an example this way in my own work.

I am married to my wife, Linda, for 22 years.

I have 3 children of my own ages 21, 20, and 15 (Alicia, Lea, and Robert). My daughters are currently attending college. Alicia is a senior at the University of Nebraska. Lea is a sophomore at South Dakota State University. Robert is a sophomore at Roosevelt High School in Sioux Falls and lives at home with us.

I have registered with www.rosemond.com because...I have been recommending John's work to individuals and families for years! I enjoy John's no-nonsense approach to parenting and agree that we as a society have made parenting so complicated, we are making things harder for ourselves.

My general feelings about John Rosemond's parenting and family philosophy:

John's description of the tower of parenting babble is extremely accurate! I especially agree that we need to get back to basics in parenting our children and understanding that parents need to be in charge and children are there to learn from them, if only for a season (their years in growing up until emancipation). The foundation of these principles especially is true in the biblical sense to where we can get valuable information from God's word.