

## **Gastonia, NC Weekend Parenting Retreat—March 27-28, 2010**

A John Rosemond Parenting Retreat Weekend has been scheduled for Gastonia, NC on March 27-28, 2010. It will be held in the meeting facilities at the Gaston Country Club.

John has been holding these intensive and highly individualized “re-parenting” experiences all over the USA for the past eight years. Attendance is limited to twenty persons, comprised of couples and single parents.

Saturday and Sunday’s sessions commence at 9:00 a.m. (preceded by coffee and continental service) at the same location and wrap at 4:00 p.m. on Saturday and 3:00 p.m. on Sunday. All participants are on their own for lunch. In addition to presenting the workshop content, John provides plenty of time for questions and discussion of individual parenting issues.

In total, every participant or couple will benefit from approximately 14 workshop hours, during which John will present fundamental concepts for establishing functional parenting leadership and disciplinary tools for solving a broad range of problem areas, including classroom issues. The retreat is appropriate for parents of children of all ages, but John will be focusing on what he calls “The Decade of Discipline,” ages 3 through 12. Just a few of the topics John will cover include:

- Mastering “Alpha Parenting”
- Pay Less Attention, Be Less Involved, Be Happier, Grow Happier Kids
- Using Consequences Effectively
- Solving Bedtime Problems, Mealtime Issues, and Sibling Conflict
- Putting a End to Defiance, Disrespect, and Arguments
- Eliminating Curfew Issues, Allowance Issues, and Conflict with Teens

Cost for the entire retreat is \$695 per couple or \$349 for a single parent. This price does not include travel and hotel expenses. All of those expenses are to be paid for by the attendees.

Parents can register or obtain further information by calling Katharine Sanford at 770-432-0776.

### **Here’s What Recent Attendees Have Said**

- My husband and I absolutely loved the parenting seminar this past weekend and feel it is some of the best money we have ever spent on our marriage and kids. Gratefully, our children even presented us with immediate opportunities to practice our new skills and WOW, did they work! -KG/Sacramento/March 2009
  - This weekend was perhaps the best thing my husband and I have ever done to enhance our marriage. We are confident our relationship and family will continue to benefit from the lessons learned during this seminar. -TC/Lexington,SC/April 2009
  - I was utterly riveted by this experience and have talked non-stop to other parents about it! I feel I have a lot of solid techniques to use at home, but the greatest gift is the empowerment I feel as a parent. -RM/Columbia, SC/April 2009
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