

Therapist Questionnaire

Name: Loretta Shaia

Age: 53

Gender: Female

Professional Address: 501 Eastowne Drive Suite 220 Chapel Hill, NC 27514

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I am licensed as a Clinical Social Worker in the state of NC .

Professional organizations to which I belong: National Association of Social Workers

Years in practice: 24

Experience (last three places of employment, beginning with most recent):

1. Years: 9
Place of Employment: The Center for Psychological and Family Services
Title: Clinical Social Worker
Responsibilities: Psychotherapy with adults, adolescents and couples
2. Years: 3
Place of Employment: Family Services
Title: Clinical Social Worker
Responsibilities: Psychotherapy with couples, adults and adolescents
3. Years: 3
Place of Employment: Hospice of Wake County
Title: Clinical Social Worker
Responsibilities: Worked with family members of individuals with a terminal diagnosis

I specialize in the following areas:

child therapy
 parenting issues

marriage counseling
 general family issues/family therapy
 single parenting issues
 divorce issues
 blended family issues
 other: ___Adoption, trauma and abuse, depression and anxiety, psychotherapy with adults and adolescents

My therapeutic orientation can be described as: (e.g., traditional, behavior modification, biblical, etc...please elaborate): Faith-based, training in cognitive behavioral therapy and EMDR (eye movement desensitization therapy).

My greatest therapeutic strength is: I have been trained in a wide variety of therapeutic approaches and have many years of experience. No one approach meets every client's needs. My methodology is non-judgmental, focused on identifying why behaviors develop, and helping my clients form more effective strategies for success in all areas of their life. I am also a parent of two children.

I am married/unmarried/currently separated/divorced. If married currently, is this your first marriage? If not, how many previous marriages? How long have you been married to your current spouse? I am married and have been married to the same person for 21 years. I have never been divorced.

I have children of my own. yes/no. Their ages are: They live with me/my ex/they are emancipated. I have a 19 year old son in his sophomore year of college and an 11 year old daughter in the 6th grade.

I have registered with www.rosemond.com because... I am a strong advocate of the Rosemond parenting method. I have read most of his books, and have consulted with him regarding my own children. These methods make sense to me.

My general feelings about John Rosemond's parenting and family philosophy: John Rosemond's methods are invaluable to me. As a clinician I find them developmentally sound, and these methods have helped me to become a more effective leader in my family and as a result, the parenting bond with my husband is much stronger. These methods are clear, concise and easy to use.